



Santiam Flycasters

www.santiamflycasters.com

Board Meeting

Monday, September 2

Garibaldi Family Restaurant

7:00 pm

General Meeting

Thursday, September 12

Casting Clinic 6:15

Coastal Cutthroat Fishing
with John Rodriguez

7:00 pm Pringle Community
Center

Outings

Diamond Lake, September 7

Lava Lake, September 21

Inside this issue:

From the President	2
September "Informal" Outing Diamond Lake	2
August Outing Report - Umpqua River	3
More From the Umpqua Outing	4
Casting Clinic September 12	4
October Program Preview	4
Fall Steelheading Tip	4
Fishing With the Frog by Howard Palmer	5
September "Fly of the Month" - Coastal Spruce Fly by Jim Ferguson	6
"Urgency to Get Outdoors . . ." by Sam Cook	8
Membership Application	9

Monthly Newsletter of the Santiam Flycasters

September 2013

Coastal Cutthroat Fishing

John Rodriguez

September 12, 7:00 pm

September's Meeting features our own John Rodriguez looking at the under-fished Coastal Cutthroat fishery. John has explored many possibilities of Cutthroating on our coast for the past 20 years. His knowledge is deep. You will gain knowledge in when, where, and how to pursue these magnificent fish. Cutthroat are entering the estuaries through the fall months and offers the bonus of encountering salmon and steelhead.

Notice the new seating arrangement with tables seating. The idea is to give newcomers the opportunity to visit with the membership. Also, a few tables will be dedicated to some facet of fly fishing: knot tying, steelhead rigging, tying the fly of the month, and "Ask an Expert" [You have a question - we find the answer]. These tables are for knowledge and skill building for the membership. Meeting agenda is a little different by adding the Topic Tables. The first 15 minutes [7 to 7:15] is dedicated to the table talk followed by club business and then our speaker

September Outing - Lava Lake September 21

We will fish Lava Lake on September 21. While there, you also may wish to fish Little Lava, Hosmer, or another of the nearby lakes as well as the headwaters of the Deschutes below Little Lava Lake.

The fastest way to get there is drive I-5 South past Eugene, take the Highway 58 turnoff and drive over the Willamette Pass, turn left on the Crescent cutoff just past Crescent Lake, turn left on USFS Road 46, and drive about 30 miles to the Lava Lake road on the right (East).

A successful fly last year was an Elk Hair Caddis, but be prepared to use other appropriate flies as well. Rods of 4 to 6 weight with floating and/or sinking lines are appropriate. A floating device is needed.

The club will furnish hamburgers at about 1:00 on Saturday. Bring your place setting, beverage, and a small side dish to share if you wish.

From the President By Ken Karnosh

Do you remember the pictures of World War II recruiting posters with Uncle Sam pointing and the caption "Uncle Sam needs YOU"? Fast forward 70 years and change the caption to "The Santiam Flycasters need YOU".

We will formally select our 2014 officers in November and still need someone to be the President. The duties do not require much time since we have a number of people who are willing to help.

Please step up to be President or urge someone to do it. In order for us to be an active club with good programs, education, and outreach, we need a President!

On another note, Frank Flux has been diligently working to get our program

with Project Healing Waters off and running. We have held several monthly sessions with the Vets, have demonstrated fly tying, have helped several Vets tie some basic flies, and hope to involve them on some fishing trips.

Along with Frank, Dave LeBel, Sil Malalan, Steve Morton, and Howard Palmer have been regular helpers with other help from Loren Bergerson, Jeff Brown, and Paul Johnston. Thanks to all of them. It is gratifying to work with our veterans. We probably will be looking for some other help in the future.

Time to go fishing now that the water is starting to cool down!



Name Tags

Do you wish that you had a name tag so you could get an extra free ticket for the meeting raffle? Do you wish that other person had a name tag so you could act like you actually remembered his/her name? Or, do you wish you had a name tag so others would remember YOUR name?

Well, we have a good deal for you! We can have name tags made here in Salem for only \$8.00. If you want to buy a name tag, contact Tim, preferably along with a check or \$8.00 in cash and he will get one for you by the next meeting. You'll recover the cost in free raffle tickets in less than a year!

September "Informal Outing" - Diamond Lake



On September 7, we will fish Diamond Lake. If you want to catch some chunky Rainbow Trout, you will want to make this outing. The mosquitoes and gnats will be long gone. Don Meyer caught some nice fish there in mid-August.

The fastest way to get there is drive I-5 South past Eugene, take the Highway 58 turnoff and drive over the Willamette Pass, drive South on Highway 97 to the Diamond Lake/Roseburg

junction, turn right and drive about 15 miles to the Diamond Lake Campground. If you camp at the South end of the Diamond Lake Campground on the East side of the lake, the best fishing areas are at the southeast corner of the lake or you can get your exercise and paddle to the southwest corner.

Successful flies include Woolly Buggers, any of the Callibaetis nymphs, freshwater shrimp, or any of the specialty flies for the lake. Rods of 5 or 6 weight are appropriate. A pontoon boat, float tube, or other floating device is needed.

Since this is an informal outing, we will not furnish a meal. You may wish to buy a pizza or get some yummy Umpqua ice cream at the store/pizza parlor within walking distance of the campground.

August Outing Report - South Umpqua River Smallmouth Bass



The South Umpqua River, has been the traditional August outing for Santiam Flycasters for several years. Six members ventured forth for this year's trip, and we were treated to great weather, willing fishes, and what is always a fun float.



The section of the river that we float is some six miles of "frog water" that takes about six hours to navigate, and provides almost constant "catching" from the put in, back to the town of Elkton, and our "base camp" at the Elkton RV Park. The fishing can get so intense at times that you just have to stop casting, sit back, and enjoy the leisurely ride to the next hole; which can be as long, or as short a ride, as you prefer.



Smallmouth are notorious fighters who's initial "hit" can be deceptively soft, and the ensuing fight deceptively hard, as they try to take your offering back to the bottom of the river, and the rock that they were probably were hiding behind when they struck. They remind me of my Chihuahua, who although small, has great tenacity, and will take on just about anything that comes within their feeding slot. I really don't think they care what fly you feed them, just so long as it looks like food.



My "go-to" fly was a gold cone head olive Woolly Buzzer made with cactus chenille. A lot of local guides swear by Girdle Bugs, especially black with white rubber legs. Poppers also work well, but the action never quit with my bugger, and I never got to try one.



The group found their way back to the RV park just in time for Happy Hour, where we were treated to a great hamburger feed provided by the club, and cooked to perfection by chef Tim Johnson. A good time was had by all, and I for one, am looking forward to doing it again next year. If you join us, bring plenty of water, and your best sun screen.

Next Month

October Program will feature Rich Younger focusing on the Coastal opportunities for Fall and Winter Fly Fishing.

Rich owns and operates Creekside Fly-fishing in Salem.

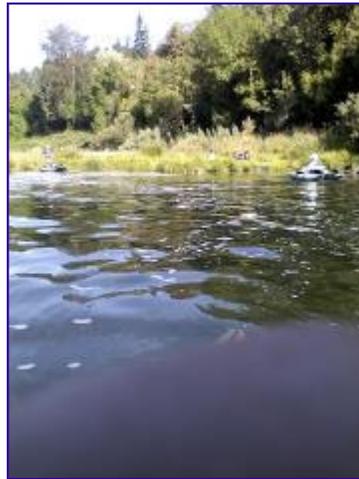
Thursday, October 10, 7:00 pm

Fall Steelheading Tip:

The secret to Fall Steelheading is move quickly through a run.

Sometimes the second or third guy through the run gets the "Grab"

More from the Umpqua River Outing



Casting Clinic for September

September and October are Fall Steelheading time. Our Fly Casting Clinic this month will cover how to use the single-hand rod for a variety of Spey type casts. No more looking around for a back cast area. You can deliver your single-hand cast with accuracy and confidence. The clinic will cover the Single spey, Double Spey, Snap-t and Snake roll cast. The clinic starts at 6:15 on the lawn at the Pringle Community Center.

Bring your steelhead rod and join the fun

Officers

Ken Karnosh
President

Dwight Klemin
Vice President/Programs

Gary Caneva
Secretary

Tim Johnson
Treasurer/Membership

Board Members
Howard Palmer
Newsletter Editor

Will Satak
Concessions

Cal Hudspeth
FFF Representative

Ron Henderson
Raffles

Loren Bergerson
Conservation

Matt Neznanski
Webmaster

Leroy Shepherd
Newsletter Layout/Design

Bob Karau
Don Meyer
Sam Thomas

Board Members Wanted
The Santiam Flycasters want you!

We are looking for a few good men and women. If you are interested in helping decide who our presenters are and where we go for our outings, please join us. Or, if you just want to find out what goes on during the board meetings or want to share your opinion; please join us.

No experience needed, just your interest in fly fishing is all it takes to be a board member.

We are on the web!
www.santiamflycasters.com



Search
"Santiam Flycasters"

Fishing with the Frog

By Howard Palmer

Doing What I Do

Last weekend's outing to the South Umpqua has been a favorite of mine, ever since my first trip there with the club a few years ago. The weather is always warm (OK, sometimes it gets really hot as in 100+), and the fishing is some of the best we are exposed to. This year was no different, and with temps in the mid 80's it was a most pleasant float with lots of action provided by the resident small mouth bass.

It is always a pleasure to take part in the club's scheduled functions; especially our outings. This particular outing is special to me personally because it is scheduled in conjunction with another group that I support called **Reel Recovery**. **Reel Recovery** is an organization that provides a venue for men who are coping with all forms of cancer. Founded by a group of avid fly fishers who saw first hand the benefits of fly-fishing had on a friend suffering from brain cancer, they conduct free fly fishing retreats in order to assist others in pursuing the sport of fly fishing.

For me, it is an opportunity to give of myself to those who desperately need a time to leave their problems behind them. The value of the physical, and emotional therapy they receive in the process of standing in the river while learning this sport can be phenomenal.

As a volunteer "*Fishing Buddy*", my job is to instruct and assist my "*Buddy*" in what ever way that helps him learn. Sometimes it is nothing more than providing a shoulder to lean on while walking in the river, or lending an ear to issues that have nothing to do with fishing. In short, it is simply being a friend that they didn't know they had. At the end of the retreat, it is difficult to know just who got the most from the experience. It is an emotionally fulfilling experience that I encourage each of you to check out. Each retreat is closed with a very simple admonition - **Be Well, Fish On.**

See you on the water.

Howard

Fall Opportunities to "Get Out There"

September 7 — Diamond Lake

September 21 — Lava Lake

October 19 — Deschutes River (Warm Springs to Trout Creek)

October 26 — Detroit Lake

November 9 — Miami River

More information in upcoming newsletters, at the general club meeting, and on the web site—www.santiamflycasters.com.

September Fly of the Month— Sea Run Spruce Fly
By Jim Ferguson



The Spruce Fly was originated by Bert & Milo Godfrey who lived in the Seaside area on the Oregon Coast. Tied as a streamer, it is a favorite for sea run cutthroat. In fact, it also a great fly for trolling most lakes where rainbow trout are found. There are some variations which will be listed after the step-by-step directions for tying.

- Hook: TMC 300 or similar 6X long, heavy wire, down eye streamer hook in sizes #4-10
- Thread: Black 6/0 or 8/0
- Tail: Three or four peacock sword tips
- Body: Rear three-quarters, red floss or wool. Front quarter, peacock herl.
- Wing: Two matching badger hackles, flared
- Hackle: Badger, tied as a collar

Step-By-Step Tying Directions

1. Mount the hook in the vise (Fig 1.) Attach thread one eye length behind the eye (Fig 2.). Wrap a thread base using flat wraps to a position over the barb of the hook (Fig 3.).



Fig. 1



Fig.2



Fig.3

2. Tie in a tail consisting of 3 or 4 peacock sword fibers. Tail should extend about one gape length beyond the tie in position. One turn under the fibers may help prop the tail into proper position. Wrap the sword waste ends down and take the thread to the three-quarter shank position (Fig 4.)



Fig. 4



Fig. 5



Fig.6

3. Tie in the red floss and wrap the floss to the tail tie in spot using edge-to-edge wraps. Reverse wrapping direction and wrap the floss forward with slight overlap to create a slightly tapered body as in Fig 6. Burnish the floss to smooth out bumps in the body. Trim off tag ends and apply head cement.

4. Tie in 4 or 5 peacock herls by their tips (Fig 7.) Form a dubbing loop, attach the butts of the peacock to the end of the dubbing loop and spin the herls into a chenille like rope (Fig 8.)



Fig.7



Fig.8

5. Wrap the herl rope around the shank to form the front one quarter body. You may prefer to wrap several layers to make a shoulder for the collar (Fig 9.).

6. Select two matching badger hackles for the wing. Strip off the fuzz from the lower parts of the stem. Mount the hackles back-to-back so they will slightly flare to the side (Fig 11) when viewed from the top. Try to get the wings to lay down somewhat close to the top of the shank. The angle of the wing set is a matter of tier preference or tying style. The end of the wing should extend to the end of the tail or slightly past the tail (Fig 10.)



Fig.9



Fig. 10



Fig. 11



Fig. 12

7. Select a badger saddle hackle. Fold the hackle, attach the hackle to the shank by the tip and wrap a collar (Fig 12). You may want to use two hackles. Great if you can wrap them at the same time. Tie off the hackle, trim the waste, and form the head. Whip finish to form the head (Fig 12.)



Fig. 13

Variations: Most pattern references list either a red floss or red wool as the material to use on the rear body. The wool would probably make a slightly bulkier fly. As a rule, the more bulk on the fly for the same weight, the greater the buoyant force on the fly and the higher it will ride in the water column. You can make the body more durable with a rib over the rear body. Most ribs I have seen on the spruce are made from oval silver tinsel. Various hooks can be used. Try a shorter shanked hook for Rainbows or cuts in smaller rivers and streams or lakes. Badger hackles can also vary in color from a more silver or whitish fiber with the black center stripe to a honey badger or golden badger. This fly can also be tied for Steelhead. When tied for Steelhead, an upturned eye seems to be more popular.

Urgency to Get Outdoors Grows as We Age

By Sam Cook Article suggested by Bill Meier. Reprinted from the Duluth News Tribune

He was standing in waders on a gravel bar along a North Shore stream. It's steelhead season, when Lake Superior's gleaming rainbows enter streams to spawn. A long-time steelheader, he had driven a couple of hours to keep this appointment with the river. He had flumped along in his waders for 20 minutes to reach this piece of water. We spoke of a lot of things. The fish. The river. Where the fish liked to lie in the run he was fishing. He knew the river. That much was clear. But then he said something that seemed to transcend the simple act of fishing. He said he didn't know how much longer he'd be able to fish like this. He was pushing 60. He pointed to a knee that wasn't quite right. A car accident many years ago, he said. And his arm, too. It had been broken in several places. Standing on a gravel bar and making drifts with a yarn fly isn't hard. But wading a rushing stream can be dicey. And that hike to the river isn't getting any easier. He is at that place where most of us will get one day. It's the place where you don't want to let opportunities slip away. Where you don't want to miss a chance to be on a river, or with a grandchild, or sitting at a campfire with old friends. Because, frankly, we don't know how many more of those days we might have. I heard the same sentiment from a friend I ran into on the trail

the other day. He's 75, and he would have been 10 miles into the canoe country that day on an annual walleye fishing trip, if only the ice had gone out in time. His group had postponed the trip for 10 days. "This time, I'm going in no matter what," he said. "I'm not going to get in the habit of canceling trips just because they're tough." I could sense not only determination in his words but the same sense of urgency that I'd picked up from the steelheader on the river. It's the conviction that, by gosh, you're not going to pass up any reasonable chance to do something you love because you don't know how many more chances you'll get. There are no guarantees. We know that. We don't know it at 20 or 30, maybe. But we certainly know it at 60. Or 75. By that time, most of us have lost a friend or two. Most of us have seen others who, because of a knee or a heart or a hip, can no longer do all they'd like to do. Or all they once did. So, forgive us if we push it a little bit sometimes, if our determination to do something seems a little over the top. Cut us some slack. We might just need that trip to the river, or up to the canoe country, more than you know. It might not be just about the fish.

Sam Cook is a Duluth News Tribune columnist and outdoors writer. Reach him at (218) 723-5332 or scook@duluthnews.com. Follow him on Twitter at twitter.com/samcookoutdoors, or on Facebook at "Sam Cook Outdoors."



**SANTIAM
FLYCASTERS**

P.O. Box 691
Salem, OR 97308
santiamflycasters@yahoo.com
www.Santiamflycasters.com

Membership Application

It is the mission of the Santiam Flycasters to promote the sport of fly fishing for all interested individuals of all generations now and into the future by fellowship, education, conservation practices, promoting research, guardianship of proper regulations and support, affiliation and cooperation with other like-minded organizations.

2013 Membership Application

The Santiam Flycasters, P.O. Box 691, Salem, OR 97308

www.santiamflycasters.com

Type of Membership (circle one) Regular \$25 Family \$30

*Note: Dues are from January 1st to December 31st. There is a 50% reduction after July 1st.

Name _____

Address _____

Telephone: _____ Email _____

Family Members: _____

Are you an FFF Member? (circle one) Yes No

Please atell us why you want to be a member (please check all that apply):

Hear presentations on various fly-fishing topics

Improve my Fly Tying skills

Improve my Fly Casting skills

Participate in fishing stream and lake improvement projects

Go on fishing trips with other club members

Learn more about fishing in the area

Other, Please specify _____

You must sign this release each year when you renew to participate in club activities.

Liability Release and Hold Harmless Agreement

As a condition of membership or of participation in any activity encouraged on publicized by the Santiam Flycasters, I voluntarily assume all risks of my participation. In acknowledgment that I am doing so entirely upon my own initiative, risk and responsibility I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge the Santiam Flycasters, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such Santiam Flycasters activity. I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any rights that I may have to bring legal action to assert a claim against the Santiam Flycasters for its negligence. I have read the above statement and agree to its terms as a condition of my membership in the Santiam Flycasters.

X
Signature _____ Print Name _____ Date _____